Let’s have fun with music! Kids can’t wait to get into the action with this collection of lively, loving songs. Sing along and more, with creative suggestions for dancing, playing, and learning. Children and grownups alike will enjoy the variety of music, which includes original, traditional, seasonal, ethnic instrumentals and play alongs…and don’t forget to wiggle your fingers and toes! Get ready to hear your kids say, “Let’s do that again!”

Suggested ages: Infants to age seven.

Visit our website for more music and instrument selections at www.makinmusic.com or call us toll-free at 877-236-1984.
# FEEL THE RHYTHM FLOW

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HELLO  
(Traditional)

Hello to the girls,
Hello to the girls,
Hello to the girls,
How do you say hello?

Hello to the boys…teachers…Moms…Dads

HELLO  
Name Substitutions
This upbeat song, helps to get everyone in the mood to SING, SING, SING! If the group is not too large, sing to everyone individually. You can also do two or three names at a time. Encourage the children to wave hello…even make up a silly new way to wave hello (behind their head, with their feet, like a chicken, with their toes…).

FEEL THE RHYTHM FLOW  
(J. Kelly)

INTRO: D BM G A D A D BM
When I do a little shake, I feel the rhythm flow.
I feel the rhythm go from my head down to my toes.
When I shake my feet, I feel the rhythm flow.
I can feel the rhythm flow from my head down to my toes.

Chorus: Cha, cha, cha Cha, cha, cha
Oh, oh, oh, Oh, oh, oh
Ditty, ditty, wa Ditty, ditty, wa
Now, STOP! 1…2…3… GO!

Cha cha cha cha Cha cha cha cha
Oh oh oh oh Oh, oh, oh, oh
Feel the rhythm flow!
When I shake my knees, I can feel the rhythm flow...
When I shake my belly, I feel the rhythm flow...
(Chorus)
When I do a little dance...
(Chorus)

FEEL THE RHYTHM FLOW
Shaker Eggs
Shaker eggs are wonderful visuals. Giving children any percussive instrument facilitates rhythm recognition. Give two shakers to each of your kiddies (one for each hand). Children love to sing nonsense words; this song has some "cha, cha's," "oh, oh's," and "ditty wa's." Any sounds that children make are wonderful for perfecting their verbal skills; so, shake those eggs and feel the rhythm flow!

CONSTRUCTION CREW
(J. Kelly)
Trucks and heavy machinery have always been a fascination to children (and many adults too). Grab your steering wheel and START YOUR ENGINES! Let's go visit the construction crew and see what they're building today!

INTRO: F# E
F# E

Listen to the sound of the engines roar
(Start your engines and drive your truck to the construction site or pat your knees to instill the rhythm)
F# E

The construction crew is ready to begin their chores
D C# F# E

The great big heavy machinery is ready to roll
F# E

When a building goes up or a building comes down
(Hold hands up high and bring hands quickly down)
F# E

You'll know the construction crew has come to town
D C# F# E

You can hear the loud sounds and feel it on the shakin' ground
(Shake all over)
Chorus:
A                                                                                        D
Hammers are bangin', and the backhoes dig
(Bang on floor and mime digging)
E                                                                        A
Whatever they’re building, it’s gonna be big!
(Spread arms out wide)
D
There’s gonna be some shakin’ and rumblin’ all around
(Shake hands and arms)
E                                                                          A
The construction crew’s come to town!
G#                                   F#                        E
And the wheels go around and around
(Roll arms like “Wheels on the Bus”)
F#      E
And the wheels go around.
Bulldozers push the debris away
(Make BIG pushing motions with arms away from body)
They help to make room for the crew today
They have a lot of work to do, so stay out of their way
Big front loaders carry tons of stuff
(Put both hands in front of you and pick up all debris)
They fill up the beds of the big dump trucks
(Dump your big load over and behind your head)
The construction crew works real hard; their jobs are tough
(Wipe your brow or make big muscles)

(Chorus)
Jack hammers bang up and down on the ground
(Bang on the floor with one hand very quickly)
Breaking up cement with a banging sound
You better hold your ears; oh man, that jackhammer’s really loud!
Excavators dig like dinosaur jaws
(Pretend to have HUGE jaws and bring your arms together, clasp hands and pick up that pile)
With a big scoop big piles are gone
Everybody knows the construction crew is here because
We hear vroom, vroom, vroom!
(Pretend to drive your choice of heavy machinery)
CRAWDAD
(Traditional – additional words J. Kelly)

E
You get a line, I’ll get a pole, honey.

B7
You get a line, I’ll get a pole, babe.

E E7 A
You get a line, I’ll get a pole; we’ll go fishin’ in a fishin’ hole.

Uh, huh Uh, huh Uh, huh

We’ll splash and play in the fishin’ hole, honey.
We’ll splash and play in the fishin’ hole, babe.
We’ll splash and play in the fishin’ hole
with our fishin’ lines and poles.
Uh, huh Uh, huh Uh, huh

We’ll cast our lines in the fishin’ hole, honey.
We’ll cast our lines in the fishin’ hole, babe.
We’ll cast our lines in the fishin’ hole;
the fish don’t like our fishin’ poles.
Uh, huh Uh, huh Uh, huh

You get a line, I’ll get a pole, honey.
You get a line, I’ll get a pole, babe.
You get a line, I’ll get a pole; we’ll go fishin’ in a fishin’ hole.
Uh, huh Uh, huh Uh, huh
Uh, huh Uh, huh Uh, huh

OPTIONAL CHORDS: A E A A7 D D#DIM7 A E A

CRAWDAD
Rhythm Sticks

Grab your rhythm sticks and get ready to go “a ‘fishin’!” Bill and Cindy make this song a LOT of FUN while taking you on this fishing trip and like Cindy, we usually do get our fish from the supermarket but pretending is fun! Tap your sticks up high for the first verse: splash and play by banging your sticks on the floor; cast your lines by making a fishing pole with your sticks. Use the instrumental for creating your own movements and for the last verse tap the sticks on your shoes, roll them on the floor, or zip them. You could also march those sticks like you’re marching home from the “fishin’ hole”. Hope you catch a BIG ONE...and no FISH TALES!
SIX LITTLE DUCKS
(Traditional)

INTRO:   G
          G
Six little ducks that I once knew
(Waddle like a duck)             C
Fat ones, skinny ones, fair ones too
(Hold your hands out from your belly for fat ones, suck your belly for skinny ones, pat your belly for fair ones)   G
But the one little duck with the feather on his back
(Hold up fingers on the back of your head)   C
He led the others with his quack, quack, quack
(Make a duck beak around your mouth and QUACK!)   G
Quack, quack, quack, quack, quack, quack
(QUACK along with the quacks on the audio)   C
He led the others with his quack, quack, quack.
(Quack 3 more times)

Down to the river they would go
(Waddle like a duck and/or make up and down “swimmy” motions with hands)
Wibble wobble wibble wobble to and fro
But the one little duck with the feather on his back
(Hold up fingers on the back of your head)
He led the others with his quack quack quack
(Quack along with the audio)
Quack, quack, quack, quack, quack, quack
He led the others with his quack, quack, quack.

SIX LITTLE DUCKS
Action

This song can either be done as a circle walking song or from a sitting position. The main motion is the waddling (as ducks do so well). The quacking is also so much fun for any child (and adult). Any verbal sound that comes out of your child is wonderful so get your little ducks to put on their little duckie wings and start swaying back and forth miming a duck waddling and have a “duckie” time!
WHERE'S MY NOSE

(J. Kelly)

INTRO:  A (RUN DOWN ON G#M, F#M) E
A                                                              D
What did I do with my nose?
E                                      A
I had it a minute ago.
D                          E                       A
I'm gonna look real far
D                          E                       A
I'm gonna look real near
D
I'm gonna look all over me and
E                                                A   (RUN DOWN G#M, F#M)  E   2X
Look, my nose is here!
What did I do with my hands? I need them to play in the band...
What did I do with my belly? I need it to eat my jelly...
What did I do with my ears? I need my ears to hear...
What did Mom do with her keys? Help her find them please...

Where's My Nose

Action
This is a game in a song and great for body recognition skills for your little ones. Instead of simply asking where a body part is, we are now going to pretend to lose it and, of course, find it.

“I'm gonna' look real far”: Put your hand up to your forehead as if saluting.
“I'm gonna' look real near”: Look close to you all over the floor.
“I'm gonna' look all over me”: Pat all over your body or your child's body.
“My nose is here!”: Point VERY dramatically to your nose and act very happy to have found it! For the rest of the song repeat the same motions but look for the body parts in the song lyrics. P.S. We think that, as parents, we can all relate to the verse about the keys! Have fun with this song. We do!

AT THE BOTTOM OF THE SEA

(Traditional)

At the bottom of the sea, all the fish are swimming
Here and there and everywhere
Oooooohhhh, I choose you to swim with me

At the Bottom of the Sea

Action
Have your little one sit on your lap or on the floor facing you. Clasp hands with your child and "swim" by rotating arms. When you come to the "I choose you to swim with me", give each other a big hug. You can also put palms together and "swim like a fish".
A teeny, tiny kitten and a teeny, tiny mouse
Played and played all day in their teeny, tiny house.
They loved to play a game called “Catch Me If You Can”
The game would start when both of them counted up to ten.

Chorus:
1, 2, 3…4, 5, 6…7, 8, 9, 10…GO!
And they ran around the house from the bottom to the top.
The game would then be over, when one of them said, “STOP” I Gotcha!

A teeny, tiny puppy lived with the teeny, tiny mouse
And the teeny, tiny kitten in their teeny, tiny house
They loved to play a game called “Catch Me If You Can”
And the game would start when all of them counted up to ten.

Chorus

A teeny, tiny birdie lived with the teeny, tiny mouse
And the puppy and the kitten in the teeny tiny house.
They loved to play a game called “Catch Me If You Can”
And the game would start when all of them counted up to ten.

Chorus

**CATCH ME IF YOU CAN**

*Circle Song*

This fun song is great for those “drama kings and queens” out there! Sneak around on tiptoe in a circle very slowly in the beginning of the verses, then count with drama. Run in the circle until the stop, then tickle while saying “I Gotcha”. You can also play this with older children using balls. Have the children sit in a circle and pass around a small ball during the first verse. Bring in a larger ball for the chorus and the balls will “chase” each other as the children pass them around. Not only is it a great hand-eye coordination game but lots of fun as well!
Eenie, meenie, minie moe  
I can make the rhythm go  
Very fast...or very slow  
Eenie, meenie, minie moe

Pat your knees now, here we go

Eenie, meenie

Chant
You can use drums, rhythm sticks, shaker eggs or tap your knees to keep the rhythm in this fun chant.

Open shut them

(Traditional)

Open shut them, open shut them, give a little clap  
(open, shut hands, and clap)

Open shut them, open shut them, lay them in your lap  
(open, shut hands, lay them in lap)

Creep them, creep them, slowly creep them, right up to your chin  
(start at belly and creep up body to chin)

Open wide your little mouth, but do not put them in  
(open mouth wide and do a little yell!)

Higher, higher, higher, higher, almost to the sky  
(wave hands higher and higher)

Then like little birdies you can watch them fly and fly  
(flap wings to fly)

Falling, falling, falling, falling right down to the ground  
(wave hands down lower and lower)

Then you pick them up again and turn them round and round  
(roll like "Wheels on Bus")
Faster, faster, faster, faster turn them round and round
(roll faster)
Slower, slower, slower, slower then you put them down
(roll slower, then put in your lap)

**OPEN SHUT THEM**

_Chant_

This wonderful traditional chant has been sung for years in nursery schools. Follow the actions next to the words and have a blast!

**LET'S EXERCISE**

_(J. Kelly)_

**INTRO:**

<table>
<thead>
<tr>
<th>F#</th>
<th>F#</th>
<th>B</th>
<th>F#</th>
</tr>
</thead>
<tbody>
<tr>
<td>B</td>
<td>F#</td>
<td>C#</td>
<td>F#</td>
</tr>
<tr>
<td>F#</td>
<td>B</td>
<td>G#</td>
<td>C#</td>
</tr>
</tbody>
</table>

Everybody up, let's exercise.
Stretch up high, touch the sky.
Everybody up let's exercise with a 1, 2, 3.
Exercise is good for you and it's good for me!
Exercise is good for you and it's good for me!
Reach down low and touch your toes.
Help your circulation flow.
Reach down low and touch your toes with a 1, 2, 3.
Exercise is good for you...
Everybody up and jump around.
Make your feet leave the ground.
Everybody up and jump around with a 1, 2, 3.
Exercise is good for you...
Everybody swivel 'round and 'round.
Move your body up and down.
Everybody swivel round and round with a 1, 2, 3.
Exercise is good for you...
Slow down now; it's cool down time and my body's feeling fine
Exercise is easy with a 1, 2, 3.
Exercise is good for you...

**OPTIONAL CHORDS:**

<table>
<thead>
<tr>
<th>CAPO 2ND FRET</th>
</tr>
</thead>
<tbody>
<tr>
<td>INTRO: E</td>
</tr>
<tr>
<td>VERSE: E A E A E B E/E A F# B/A E B C#M/A E B E</td>
</tr>
</tbody>
</table>
BABY’S COMING
(D. Verica)

INTRO: F/C E/C F/C E/C F/C E/C D/C B/C

Baby’s coming, baby’s coming Growing in my mommy’s tummy!
F/C E/C

When did he get there? When’s he comin’ out?
F/C E/C D/C B/C C D/C

I wanna know Why it can’t be now.
F/C E/C

Baby’s coming, baby’s coming Growing in my mommy’s tummy!

Sometimes mommy gets A little bit sick.
We take a little nap And we cuddle up for a bit.

Baby’s coming, baby’s coming Growing in my mommy’s tummy!

It might be a brother or a sister We will see.
But I’ll be the best brother That I can be.

Baby’s coming, baby’s coming Growing in my mommy’s tummy!

Baby’s coming, baby’s coming Growing in my mommy’s tummy!

Baby’s coming, baby’s coming Growing in my mommy’s tummy!

When did she get there…

BABY’S COMING
Lullaby

Rock your baby (stuffed animal) to sleep and listen to the gentleness of this song. Lullabies are wonderful for settling down a lively group.

BOOGIE TO THE BEAT
(J. Kelly)

When I clap my hands I see the music moving through me.

When I clap my hands I see the rhythm and the beat.

Clap your hands with me; the rhythm’s getting stronger.

Clap a little longer and boogie to the beat. UH!

When I wiggle around I see the music moving through me.

When I wiggle around I see the rhythm and the beat.

Wiggle around with me; the rhythm’s getting stronger.

Wiggle a little longer and boogie to the beat. UH!
When I pat my knees I see the music moving through me.
When I pat my knees I see the rhythm and the beat.
Pat your knees with me; the rhythm’s getting stronger.
Pat a little longer and boogie to the beat.   UH!

OPTIONAL CHORDS:  CAPO 3RD FRET:
INTRO:  A  G  A  A  G  A  C  (REPEAT 2X)
VERSE:  A  F  E  A  F/E  A  F  E  F  G  F  E

BOOGIE TO THE BEAT
Action Song
Get your hands, feet, and body ready to move. Turn on the music and BOOGIE TO
THE BEAT by following the direction of the lyrics. This song can also be used for
scarf dancing. The most fun with this song is hearing the kids give a big guttural
UH!! P.S. This is teaching them where the "rest" is in the music.

BLACKBIRDS
(Traditional)
Two little blackbirds sitting on a hill
(With knees up hold up one index finger behind each knee)
One named Jack and one named Jill
(Bounce a finger up for Jack then put it back behind your knee. Repeat for Jill)
Fly away, Jack
("Fly" one index finger behind your back)
Fly away, Jill
("Fly" the other index finger behind your back)
Come back, Jack
("Fly" one index finger back to starting position behind your knee)
Come back, Jill
("Fly" the other index finger back to starting position behind your knee)
Doo, doo, doo, doo
(Hold both fingers up in the air)
Kiss, kiss
(Hold thumb and index finger together and make the two birds "kiss" twice)
MAMA PAQUITA
(Traditional)

INTRO: B E

Mama, Mama, Mama Paquita, Mama Paquita

Mama Paquita buy your baby a papaya

A ripe papaya and a banana

A ripe banana that your baby will enjoy.

Mama, Mama Mama Paquita, Mama Paquita

Mama Paquita say let’s go and get some money

To buy papayas and ripe bananas

Let’s go to carnival and dance the night away.

Ole!

MAMA PAQUITA
Shaker Egg Maracas

There are no specific movements in this song so you can shake those eggs in whatever way you wish! Some suggestions: spend the day with Mama Paquita; shake the eggs close to your ears to see “if the fruit is ripe”; get ready to go to the carnival and “shine your shoes”, “wash your hair”, or “take a bath.” Be sure to sing along and don’t forget to dance.

MY DOG RAGS
(Traditional)

C AM F G

I have a dog, his name is Rags.

C AM F G

He eats so much, his tummy sags;

C C7 F D7

His ears flip, flop, his tail wig wags;

G C

And when he walks, he goes zig, zag.

Chorus:

C AM F G

He goes flip, flop, wig, wag, zig, zag.

C AM F G

He goes flip, flop, wig, wag, zig, zag.

G C

He goes flip, flop, wig, wag, zig, zag.

C

I love Rags and he loves me!
My dog, Rags, he loves to play;  
He rolls around in the mud all day.  
I whistle; he won’t obey.  
He always runs the other way. *(Chorus)*

**MY DOG RAGS**

*Action Song*

Max and Kyle did an awesome job singing their wonderful tale of Rags. Thanks guys!  
Hold your belly, make “flip-flop” Rags ears with your hands. Wag your tail and make  
zig-zag movements with your hands or whole body to imitate the “graceful”  
movement of Rags! There is very little specific direction so feel free to act like  
Rags or any dog by digging, drinking from your bowl, or rolling over.

**CHOO CHOO CELEBRATION**

*(J. Kelly)*

\[ \text{G} \]  
The train is ready at the station.  
\[ \text{G} \quad \text{Em} \]  
\[ \text{G} \quad \text{Em} \]  
\[ \text{G} \quad \text{Em} \]  
We’re ready for our choo choo celebration.  
\[ \text{C} \quad \text{G} \quad \text{B} \]  
\[ \text{C} \quad \text{G} \quad \text{D} \]  
We will ride that train through the sun and the rain  
\[ \text{C} \quad \text{G} \quad \text{B} \]  
\[ \text{C} \quad \text{G} \quad \text{D} \]  
And the ice and the snow and the winds that blow.  
\[ \text{G} \]  
\[ \text{Em} \]  
Let’s go and ride. Chugga chugga choo choo.  
\[ \text{G} \]  
\[ \text{Em} \]  
Ride that train. Chugga chugga choo choo.  
\[ \text{G} \]  
\[ \text{Em} \]  
We’ll bounce on that train at the station...  
**Instrumental**  
We’ll whistle on that train at the station...

\[ \text{G} \]  
\[ \text{Em} \]  
Ride that train *(repeat)*  
\[ \text{G} \]  
\[ \text{Em} \]  
Through sun and rain *(repeat)*  
\[ \text{G} \]  
\[ \text{Em} \]  
And the ice and snow *(repeat)*  
\[ \text{G} \]  
\[ \text{Em} \]  
And the winds that blow *(repeat)*  
**Repeat**
**CHOO CHOO CELEBRATION**

*Shaker Egg Maracas*

Get on the train with your egg shakers! Get your children up and walk around in a circle being careful not to fall off the train track! You can have the children hop, stomp and shake the eggs around in a circle, high, low, fast, or slow. Have the train stop between verses and go the other way after you’ve tried some “backward walking” (pretend you’ve left someone at the station). Have the train slow down at the end and make sure all the children “blow” their train whistles!

---

**TOMMY THUMB**

*(Traditional)*

Tommy Thumb is up. *(Point thumbs up)*
Tommy Thumb is down. *(Point thumbs down)*
Tommy Thumb is dancing all around the town. *(Dance thumbs around)*
Tap him on your shoulders *(Tap thumbs on your shoulders)*
Tap him on your head *(Tap thumbs on your head)*
Tap him on your knees *(Tap thumbs on your knees)*
And tuck him into bed *(Find a “bed” or hiding place for thumbs)*

Pretend to tickle yourself or find a special someone to tickle

Peter Pointer’s up… *(Repeat using pointer finger)*
Polly Pinky’s up… *(Repeat using pinky finger)*
Finger Family’s up… *(Use your whole hand or “finger family”)*

---

**STRONG LIKE A BEAR**

*(Traditional)*

Ya ha na toya we neh Ya ha na toya we neh
Oh ya wey neh, hey yeh Ya ha na toya we neh

**Strong Like a Bear**

*Drums*

This chant is wonderful to use with drums. If you do not have any drums, you can make your own. Refer to the back of your songbook for quick, easy, and inexpensive drums. You can also use your body for a drum: pat knees, belly, shoulders, or bang on the floor. Play along with the rhythm of the song and have the children sing along with the children on the audio. This haunting chant is one of our kids’ favorites.
I FEEL LIKE DANCING
(J. Kelly)

When I feel like dancing, I dance much better with you.

Dancing is fun, but it's so much better with two.

So how about you and me go dancing now with a 1, 2, 3.

Get ready, get set, let's go...Come on, let's dance!

When I feel like swinging, I swing much better with you...
When I feel like hopping, I hop much better with you...

Let's dance! Let's swing! Let's go!

I FEEL LIKE DANCING
Animal Dance

Grab your partner (either stuffed animal or the human variety) and dance!

SHOPPING
(J. Kelly)

We have a lot of stuff to buy today. We're going to the store.

I might be riding in a shopping cart or stepping out on the floor.

We might be there for a long, long time, but I won't cry and whine.

'Cause we've got so much to do; yes, we've got so much to buy.

Chorus: And I won't run, run, run.
I'll be good 'til the shopping's done.

And I won't whine, whine, whine.
I'll give my mom some time. So she can buy, buy, buy
Whatever she decides.

Then we'll hear "cha-ching, cha-ching, cha-ching,"
When she pays for all of our things.
I see so many things I want sitting on the shelves,
But I won't touch and I won't grab; I'll keep my hands to myself.
'Cause not everything that I see is very good for me,
So I'll let Dad decide what we should or shouldn't buy.

And I won't run, run, run.
I'll be good 'til the shopping's done.
And I won't whine, whine, whine.
I'll give my dad some time.
So he can buy, buy, buy
Whatever he decides.
Then we'll hear “cha-ching, cha-ching, cha-ching,”
When he pays for all of our things.

And I won't run, run, run.
I'll be good 'til the shopping's done.
And I won't whine, whine, whine.
I'll give them both some time.
So they can buy, buy, buy
Whatever they decide.
Then we'll hear “cha-ching, cha-ching, cha-ching,”
When they pay for all of our things.

So we'll go up aisle 1, aisle 2, then 3, 4, 5.
My listening ears have been working well; this cart is piled high.
We're almost finished shopping now.
We're headed to the check-out line.
And I'll get a great big hug 'cause I've been good, now haven't I?

And I didn't run, run, run.
I was good 'til the shopping was done.
And I didn't whine, whine, whine.
I gave them lots of time.
So they could buy, buy, buy
Whatever they decide.
Then we heard “cha-ching, cha-ching, cha-ching,”
When they paid for all of our things.
SHOPPING

Play Along

A mom in one of our classes asked Janine to write a song about shopping because her daughter, Zoe, just wouldn't sit down in the shopping cart. This is a great one to sing and play along with and is about as “punk” as Makin’ Music gets! So dump out rhythm instruments and play along!

I WON'T FLY AWAY

(J. Kelly)

INTRO: G

As I watch you sleeping and I watch you play,
I know this time will fly away.
Each morning's sunrise will turn to sunset.
Precious moments never stay.

Chorus:

But through each moment, through each hour,
Through each day and through each year
Know my love is with you always.
I won't fly away; I'll be here.

I will help you to grow up strong.
And I will help you to be you.
I will be there to dry your teardrops.
And I will be there to laugh with you. (Chorus)

Bridge:

As the moments fly away;
And as the hours turn to days
As the days turn into years,
Know my love will always be here.
I will help you to take a step
And I will help you take many more.
I will help you when the day comes
When you're all grown up and you walk out our door. (Chorus)

AM AM/F# G D C CM G

Ending: I won't fly away; I'll be here.

I WON'T FLY AWAY

Lullaby

Quiet down and rock your stuffed animal (or yourself) to sleep with this soothing lullaby. Your little ones can also use their favorite blanket or anything that helps them to go to sleep.

BYE BYE

(J. Kelly, K. Fink)

C G
Oh, we've had fun, fun, fun makin' music.
Am F
We have sung, sung, sung beautiful songs.
C
And we have danced, danced, danced
G
To the rhythms.
F G CFC
Now it's time to go home.

C G
So, now it's bye, bye, bye everybody.
Am F
On this fine, fine, fine beautiful day.
C G
And when I say, say, say that I love you,
F G C
This is my beautiful day.
F G C FCGC
Hey, hey, hey it's a beautiful day.
1. Hello (Traditional*)
   Featuring Kim, Janine & kids
2. Feel the Rhythm Flow
   (J. Kelly)
   Featuring Janine & kids
3. Construction Crew (J. Kelly)
   Featuring Dave
4. Crawdad (Traditional*)
   Featuring Bill & Cindy
5. Six Little Ducks (Traditional*)
   Featuring Kim & Aubrey
6. Where's My Nose (J. Kelly)
   Featuring Janine, Aubrey & Christopher
7. At the Bottom of the Sea
   (Traditional*)
   Featuring Kim & Aubrey
8. Catch Me If You Can (J. Kelly)
   Featuring Janine
9. Eenie, Meenie (Traditional/J.
   Kelly)
   Featuring Kim & Janine
10. Open Shut Them (Traditional*)
    Featuring Sandi & Elizabeth
11. Let's Exercise (J. Kelly)
    Featuring Kim
12. Baby's Coming (D. Verica)
    Featuring David
    Harmonies: Janine & Kim
13. Boogie to the Beat (J. Kelly)
    Featuring Janine & kids
14. Blackbirds (Traditional*)
    Featuring Aubrey
15. Mama Paquita (Traditional*)
    Featuring Chris
16. My Dog Rags (Traditional*)
    Featuring Kyle & Max
17. Choo Choo Celebration (J.
    Kelly)
    Featuring Janine
18. Tommy Thumb (Traditional*)
    Featuring Mickey
19. Strong Like A Bear
    (Traditional*)
    Featuring Kim, Riley & kids
    Harmonies: Janine & Kim
20. I Feel Like Dancing (J. Kelly)
    Featuring Janine
21. Shopping (J. Kelly)
    Featuring Cindy
22. I Won't Fly Away (J. Kelly)
    Featuring Janine
23. Bye Bye (J. Kelly, K. Fink)
    Featuring Janine, Kim & Aubrey

*Traditional, adapted by K. Fink, J. Kelly
Artwork by Jane Arimoto
Suggestions for Special Needs Activities

With all Makin’ Music songs, encourage the movements that are suggested but cater them to your children’s abilities and comfort levels. If your children can’t do the motions independently, give them the help that they need by manipulation. Praise them to the sky for their efforts and milestones!

If your kids cannot stand or jump, not to worry! All of the activities can be done from a sitting position:

- Hopping movements can be done by “hopping” your hands up and down from your lap.
- Instead of jumping, children can do some leg lifts or “jump” their hands off of their laps.
- Encourage your children to “march” by moving their arms up and down if they don’t have the ability to move their legs.
- Instead of running or walking, use your fingers and walk them up arms, legs, or heads. Move slowly for walking, and quickly for running.
- To imitate animals in the songs: bounce your hands on your lap to hop like a frog; move your arms as much as possible for a bird; walk with your fingers for a kitty; swing your arms up high and low for a monkey and stretch to the sky to climb a tree.

Rhythm Sticks: Rhythm sticks are great visuals for any child. You can encourage your children to use the suggested movements or take this opportunity to introduce or reinforce new skills. If they do not have the ability to hold the rhythm sticks, use the adapted sticks.

Shaker Egg Maracas: If your children are not yet able to hold their own eggs, use the adapted eggs. Otherwise use the shaker eggs as motivation to help to accomplish certain goals that you may be working on in therapy sessions.

You can use Makin’ Music songs to introduce or reinforce movements that you are trying to instill in your kids. Music is such a great way to get them to do things that they don’t want to do in a physical therapy session because they forget themselves in the music and find that YES, they CAN do it!
Suggestions for Adapted Instruments

In our classes, we have had the privilege of working with many special needs children. Some of them do not have as highly developed small motor skills yet and are not able to grasp the eggs and sticks for our songs. We have adapted both of these instruments to make them easier to hold and play. All you will need to adapt the eggs and sticks are several strips of sticky-backed Velcro, which can be bought at any craft or sewing store.

**Adapted Egg Maracas**
Attach piece of sticky-backed Velcro to the side of each egg. Loop a length of Velcro around the hand and egg to hold the egg in place as shown.

**Adapted Sticks**
Attach a piece of sticky-backed Velcro to each rhythm stick. Loop a length of Velcro around the hand and rhythm stick to hold the stick in place.
Suggestions for Homemade Instruments

Rhythm Egg Maracas
Purchase plastic Easter eggs, rice, dried beans and colored electrical tape. Fill the eggs with the rice and beans, wrap twice with the tape and... SHAKE, SHAKE, SHAKE!!!

Rhythm Sticks
Purchase 1/2" to 1" wooden dowels, sandpaper, stain and permanent markers. Cut dowels into fourths and sand well, especially on the ends. Use rubber gloves or sandwich bags to cover hands while staining and rub on stain. When dry, decorate with markers and BANG AWAY!!!

Drum
Cover an empty oatmeal container with a 12” or 14” helium grade balloon. Put heavy tape around the container where balloon ends. Use your hands to beat the drum or “pinch” between fingers and hear the drum “croak.”